

A thought of the day in passing . . .

MIND YOUR MIND

Minds overly cluttered with ideas, beliefs, self and self interests have been wisely likened to a filled cup. Hence it is said; in seeking enlightenment one must come with an empty cup. And thus the enlightenment process begins. . .

June 6, 2009 - Day 3

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ENLIGHTENMENT

by Tara

'If you would be enlightened, give up your myths and models of what it is.'

June 6, 2009 - Day 3

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