

A thought of the day in passing . . .

MEDITATION IS BEYOND THOUGHT

(Meditate on That)

**Entries will appear daily during the last week of 2009*

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Dec 28, 2009 Day 68

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ENLIGHTENMENT

The book; ENLIGHTENMENT, will be reprinted one page at a time on this site free and in full. For the less patient, the book may be purchased in full from Bookstore.

ENLIGHTENMENT

by Tara

Only in one's source, the 'Ground of Being', is there 'Reality'.

The Goal

A primary truth about Enlightenment is that . . .
It is essentially a dramatic and complete identity shift . . .

from a personal self; read ego, personality, mind and/or body - to that which is Real, permanent, immortal, impersonal and free. That means, a sense of self that is firmly established in; *The Ground of Being, Sat Chit Ananda, The Presence, Formless God, All There Is or The Source.*

God in personalized forms may come and go; they vary with the individual's belief. And 'the gods', seemingly immortal, merely have longer, more powerful lives; one cannot attain enlightenment there.

Hence, if one would reach the ultimate goal of immortality: having unbroken, ongoing awareness throughout the life and death process, life to life, and beyond such (freedom) . . . then one must begin here and now, in this life, to establish one's 'self' (identity and conscious awareness) in 'The Real', as defined, as best as possible, above.

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