

A thought of the day in passing . . .

For Ceredwyn

A smile is your own special magical thing.

However often you sent it out.

It will return.

July 30, 2009 Day 24

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ENLIGHTENMENT

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ENLIGHTENMENT

by Tara

WHO YOU REALLY ARE

Not the body – it changes minute by minute then . . . it's gone.

Not the mind – just a bunch of thoughts from where . . . who knows?

Not the personality – just a group of ideas and habits; emerging in time . . . changing . . . departing . . .

You are. . .

The silence between each thought and ever beneath them . . .

The feeling of being within the silence. . .

And deep within your heart.

The space between the molecules of all forms, and prior to them.

The light which illuminates form out of darkness.

The energy that powers all motion.

The source from which your body and thoughts materialize minute by minute. . . day by day.

The page upon which your life is written . . . page by page . . . chapter after chapter . . . and story after story .

. . . since time began.

Entered into deeply, frequently, you are found to be peace, love, bliss unending that emanates from That . .
. that you are.

Know That place . . . and know God.

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