

A thought of the day in passing . . .

MEDITATION IS NO THOUGHT

(Meditate on That)

Dec 6, 2009 Day 59

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ENLIGHTENMENT

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ENLIGHTENMENT by Tara

WHAT'S REAL?

Did it ever occur to you that
All events, all things made,
From a building to a person . . .

Were made from natures building blocks,
Of Air, Water, Sand, molecules, atoms,
Shifting changing, to appear, exist awhile . . .

Then disappear again.

Did it never occur to you that
Every single idea, each great truth, every book,
You have ever known . . . read, *was ever spoken* . . .

Was just a thought from someone's head?
That . . . *was its origin.*
Think about it . . .

And where do these thoughts come from?
What lasts, what is real, what has substance?

No-thing and no-one . . .

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