

AFTER ENLIGHTENMENT, WHAT?

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AFTER ENLIGHTENMENT, WHAT?

by Tara

BEING THE ONE AND A PART

The world view of the ego-man and one in Cosmic Consciousness or God Realization is entirely different... When the ego-oriented person speaks and relates to you he does so from a position of outside of you, as one of two independent beings. This is the nature of duality - I and Other. One having had a taste of Cosmic Consciousness, however, can never be wholly free of the experience of you as inside and a part of himself. He has become 'the Oneness' yet returns to live as 'a part'. He may not be minute to minute consciously aware of this or acting as if it's so; but effects of this condition may be operative. He will feel and react to your point of view as well as his own, consciously or unconsciously. In a God Realized state of being, or the Oneness state, there is no subject and object - all are subject - I.

When difficulties arise from this I as All There Is:

The prevailing truth states; don't be affected by others and in the former case (ego consciousness and a part) this is quite correct. One remains firmly to one's center and is protected by one's ego boundaries. In the later case (Cosmic Consciousness) however, one cannot 'not take in' what is already and always 'in'. Nevertheless, the solution, surprisingly enough, is the same.

In higher consciousnesses; when in states of love, pure intelligence bliss, equanimity, then one will not be affected by any superficial trait, feeling or event, whether oneself or other, inside or out; for this consciousness supersedes all else when in its *'fullness of*

expression'. Ego definition and its protective boundary may be inactive or greatly weakened - but a great center of light/beingness has taken its place.

The key words here are '*holding firmly to*' and '*fullness of expression*'.

In '*firmly holding to*' (one's center) the results (unaffectedness) are gained. It is simply a matter of segregating components of one's consciousness. It is advisable that this '*holding to one's center*' amid inner and outer influences be learned prior to attaining cosmic consciousness. (You might call it inner detachment.)

The problem, I address here, relating to expanded consciousness, or no boundaries, is in an added level of the same segregating of components of one's consciousness - it has simply expanded to include everyone. It refers to the issue of being the 'Oneness' while still functioning in and as 'a part'.

The phrase '*fullness of expression*' . . . refers to the depth and breadth of the experience of Enlightenment as expressed in light and feeling. Anyone who's ever had the experience of enlightened states of bliss, or other of its manifestations, knows the dismay at its departure, and what I refer to here. We all expect the state will last forever and be present at all times - we expected to stay there - or conclude that it wasn't Enlightenment after all. (*And one more illusion bites the dust. . .*) Quite frankly, Enlightenment, as experience, has a different life span for different folk, and at different times. When it's in its '*fullness of expression*', it fully takes over and there's no question about interference of anything; and when going and gone, it is supplanted by the mundane life, within and without. *Nothing more need be said. Refer back to 'firmly holding to center'*.

Further, this phenomena of taking on (the bleed through of others consciousness) may strike a familiar note. It should. It is common to everyone in some form and degree. Hence we have old adages; "You are the company you keep" and "One bad apple spoils the barrel" and so forth. More to the point, all people share in a world mind; they are 'One' prior to Enlightenment and Cosmic Consciousness and will be 'One' after - it is ever the case. In

Cosmic Consciousness there's simply a greater expansion of *Being-awareness* of the conscious self of who one is, and what's going on, than that which is true of the common ego condition of man.

It may further include conscious control, a *voluntary* taking on of another's condition . . . or not.

*See Archives for previous entrees of this book, and the book; Enlightenment.

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A thought of the day in passing . . .

We are One . . . We are separate ones.

Enlightenment is first last and always – ‘knowing thyself’.

One learns about Oneness and Diversity from the inside.

It is the ultimate psychology.

In the Individual, the many of diversity, again becomes - a one.

Each aspect and level of one’s being must be made healthy and strong.

One must not only 'know thyself' but 'accept oneself' at all levels of one’s being - ego to ‘All There Is’ in order to be healthy and whole. Moreover, one must find a comfort zone to resume life within one’s greatly expanded dimensions of being. This is at first on automatic, an overshadowing by the greater dimensions of being - which we have called the honeymoon and 'state of grace' period. Later, *if one's frequency is allowed to drop in the throes of life*, one must learn in and refine, the level one finds oneself on.

**See Archives for all past postings.*

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