

## AFTER ENLIGHTENMENT, WHAT?

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## **AFTER ENLIGHTENMENT, WHAT?**

*by Tara*

from inner guidance . . .

*"Did you think you could become all beings, yet not feel them?"*

### FAIR WEATHER OR FOUL

The game takes on a completely different character and tone

When I contact the flu by picking up the phone!

This is not freedom - what did I do wrong?

Has it all been for this . . .

A fair weather friend?

*Child, fret not . . .*

*Some lives are to serve the poor.*

*Some to help the poor in spirit.*

*Some to make the well... better.*

*The overview makes that clear.*

*There is room for everyone and each does his share.*

*You can play the game however you choose, If ...*

*You can step in and out of those too tight shoes.*

*Reread your book and meditate,*

*Or take two aspirins and go to bed.*

*\*See Archives for previous entrees of this book, and the book; Enlightenment.*

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## *A thought of the day in passing . . .*

And he said to me . . .

*"To treat anger, increase the love. It will help in the moment and will have an ongoing effect for the future." The Dali Lama*

### THE FIVE POISONS

There are five deadly poisons that one is warned of in the Buddhist texts. These are; Anger, greed, lust, envy, attachment. In case it needs clarifying; the reason these are so detrimental to spiritual as well as material life is as follows . . .

Like attracts like. These emotions are low dark energies, as opposed to the energy of love and light. Hence, it follows one attracts to oneself more of such low frequencies as long as in them one resides. Moreover, what you *send* to others, assuredly is returned to you. Illness, negative feeling, accident and obstruction, negative events of any variety are but a few examples of low energy frequencies in manifestation.

Hence, in addition to not wishing to further dark energies in the world, if one wants to live one's life in a flow of well being, health or joy in the spiritual heights one *must* conquer the five deadly poisons. *Moreover, after Enlightenment . . . continue to control them at any cost. Further, one must remain in higher energies amid any energy encountered. And yes . . . return ill will with good, however difficult and by whatever means one may.* This is simply common sense as well as; Enlightened Life 101.

Nonetheless, should you have, to your dismay, drawn an onslaught of above mentioned negativity, the solution is simple . . . enter into love and forgiveness. It is the best of cleansers.

\*See Archives for all past postings.

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